Bistro on the Mile

Japan and Korean Lunch Buffet Menu 自助餐菜單

Cooked Prawns with Shell 凍蝦

Cooked Blue Mussel 凍藍青口

Cooked Green Whelk 翡翠螺

Brown Crab

Salad 沙律

Korean assorted Mushroom salad 韓式離菌沙律

Korean chicken salad 韓式雞肉沙律

Kimchi Tofu and Sesame 韓式泡菜豆腐

Korean octopus salad 韓風八爪魚沙律

Korean Bean sprout salad 韓式銀芽沙律

Japanese crab meat salad (Weekend) 日式蟹肉沙律

Japanese cucumber and shrimp salad 日式青瓜蝦沙律

Deep-fried bean curd with dried bonito 土佐豆腐

Japanese Daikon & Carrot Salad 日式大根甘筍沙律

Marinated prawn with mango salsa 鮮蝦配芒果莎莎醬

Roast beef salad, shitake mushrooms, asparagus 燒牛肉沙律配日本冬菇露筍

Korean noodle salad with mushroom and spring onion 韓式冷麵沙律

Jelly fish and chicken with wasabi mayonnaise salad 海蜇雞肉沙律

Chicken salad with Fruit and pecan in curry mayonnaise 咖哩雞肉配鮮果合桃沙律

Cheese and Sausage Salad 芝十香陽沙律

German Potato salad

Spicy papaya with Crab Meat salad 香辣木瓜配蟹肉沙律

Pasta salad with smoked salmon

Rocket, Endive, Baby Spinach, Butter Lettuce

火煎菜, 萵苣, 波菜, 牛油生菜

Asparagus 蘆筍, Cucumber 青瓜, Tomato 蕃茄, Pumpkin 南瓜

Kidney bean 腰豆, Baby corn 玉米筍, Mushroom 蘑菇, Beetroot 紅菜頭

Italian dressing, Thousand Island, French dressing

Red Onion, Onions chop, Capers, Lemon wedges, Croutons, Bacon,

Appetizer 前菜

Smoked Ham 煙火腿 Smoked Salmon 煙三文魚 Lyoner Sausage 利安娜腸

Grilled vegetable with balsamic
Cherry tomato and buffalo cheese with basil oil
Marinated prawn with mango salsa 鮮蝦配芒果莎莎醬

Cheese plater

Goat cheese, 羊奶芝士, Whole brie 法國芝士, English Cheddar 車打芝士, Gouda cheese,

Grapes, cracker, walnut, dried plum, carrot stick, cucumber stick 提子, 餅乾, 合桃,西梅乾, 甘筍條,青瓜條

Soup 湯

Western Soup 西式湯 Chinese Soup 中式湯

Sashimi Station 精選刺身

Salmon, Tuna, Snapper, Amaebi, Sliced imitation abalone

三文魚刺身、吞拿魚刺身、鯛魚刺身、,甜虾,仿鮑片,

Assorted 8 kinds of sushi 8 款精選壽司

Soba Noodles 冷麵

Edamame, Gobo, lotus root 枝豆, 牛蒡, 蓮藕

Japanese and Korean Hot Food

Japanese egg custard with snow crab meat 日式蟹肉蒸蛋

Yakitori Chicken with Ginger, Garlic 串燒日式蒜香雞

Grilled salted mackerel 鹽燒鯖魚

Japanese- curry Beef 日式牛肉咖哩

Kimchi Fried rice

Japanese grilled squid with teriyaki sauce 照燒魷魚筒

Mini Eel rice 迷你鰻魚丼

Deep-fried Seaweed Eel roll 日式紫菜鰻魚卷

Korean Spicy grilled chicken

Seafood green onion pancake

Braised beef ribs Korean style

Deep fried back pork 日式炸黑毛豬扒

Chinese Hot Food

Wok-fried Prawn with broccoli and garlic 蒜香西蘭花炒蝦仁
Abalone and chicken fried rice 鮑魚雞粒炒飯
Fish fillet with chili and black bean sauce 豉汁魚柳
Roasted pork ribs with orange and ginger 橘子肉排
Steam fish with ginger and onion
Bean curd stew with crab roe
Dim sum

Cooking and Carving Station Noodles station 粉麵檔

Ramen noodle, Udon noodle, bean sprout, wakame, vegetable
Pork belly, bamboo, spring onion, corn, boiled egg,
Miso soup, Soy broth Tokyo style and Pork broth
拉麵, 鳥冬, 芽菜, 昆布, 雜菜
日式叉燒, 竹筍, 青蔥, 粟米, 溫泉蛋

Bulgogi

麵豉湯,東京醬油湯,豬骨湯

Korean barbecued chicken, beef and Pork

Carving

Bone ham with honey gravy 燒火腿配蜜糖燒汁 Roasted Sirloin 燒西冷

Tempura Station

Vegetable tempura 雜菜天婦羅

Chinese Guangdong BBQ Station

Roasted duck 燒鴨

Soya sauce Chicken 豉油雞

Bean curd and Chicken wing in soya sauce Jellyfish and pork knuckle 海蜇燻蹄

Indian Hot Food

Mushroom Do Pyaza (Veg) 磨菇, 蕃茄咖喱 Kerala Fish Curry 魚咖喱 Parkora (Fritter with vegetable) 印度炸雜菜 Naan Bread 印度烤包, Papadum 印度薄脆

Dessert

Chinese Dessert Soup White Chocolate Mousse Cake 白朱古力慕絲蛋糕 Hazelnut Caramel Cake 焦糖榛子蛋糕 Greek Yoghurt Cheese Cake 希臘乳酪芝士蛋糕 Mango Coconut Tart 芒果椰子撻 Japanese Cheese Cake 日式芝士蛋糕 Matcha Chiffon Cake 綠茶戚風蛋糕 Japanese Cheese Tart 日式芝士撻 Tiramisu Matcha 綠茶意大利芝士蛋糕 Green Tea Cream Brulee 綠茶法式燉蛋 Crunchy Praline Terrine 朱古力脆脆蛋糕 Passion Fruit Chocolate Cake 熱情果朱古力餅 Apple Jelly w/ Agar Jelly 青森蘋果啫喱 Mango Pudding 芒果布甸 Blueberry Panna Cotta 藍啤梨奶凍 Watermelon Pineapple Cantaloupe melon Vanilla ice-cream Chocolate ice-cream Strawberry ice-cream

The food menu items will be on rotation, 菜單會訂期轉