

**Bistro on the Mile**  
**Tropical fruit Lunch Buffet Menu 自助餐菜單**

**Cold items**

Cooked Prawns with Shell 凍蝦

Cooked Blue Mussel 凍藍青口

Cooked Green Whelk 翡翠螺

Brown Crab

**Salad 沙律**

Portuguese chicken salad 雞肉沙律

Pineapple and scallop salad

Roasted duck and lychee salad

Korean assorted Mushroom salad 韓式離菌沙律

Kimchi Tofu and Sesame 韓式泡菜豆腐

Japanese cucumber and shrimp salad 日式青瓜蝦沙律

Deep-fried bean curd with dried bonito 土佐豆腐

Marinated prawn with mango salsa 鮮蝦配芒果莎莎醬

Roast beef salad, shitake mushrooms, asparagus 燒牛肉沙律配日本冬菇露筍

Jelly fish and chicken with wasabi mayonnaise salad 海蜆雞肉沙律

Chicken salad with Fruit and pecan in curry mayonnaise 咖哩雞肉配鮮果合桃沙律

Cheese and Sausage Salad 芝士香腸沙律

Spicy papaya with Crab Meat salad 香辣木瓜配蟹肉沙律

Pasta salad with smoked salmon

Rocket, Endive, Baby Spinach, Butter Lettuce

火煎菜, 萵苣, 菠菜, 牛油生菜

Asparagus 蘆筍, Cucumber 青瓜, Tomato 蕃茄, Pumpkin 南瓜

Kidney bean 腰豆, Baby corn 玉米筍, Mushroom 蘑菇, Beetroot 紅菜頭

Italian dressing, Thousand Island, French dressing

Red Onion, Onions chop, Capers, Lemon wedges, Croutons, Bacon,

紅洋蔥, 洋蔥粒, 酸豆, 檸檬角, 麵包粒, 烟肉粒

**Appetizer 前菜**

Smoked Ham 煙火腿

Smoked Salmon 煙三文魚

Lyoner Sausage 利安娜腸

Grilled vegetable with balsamic

Cherry tomato and buffalo cheese with basil oil

Marinated prawn with mango salsa 鮮蝦配芒果莎莎醬

**Cheese plater**

Goat cheese, 羊奶芝士, Brie 法國芝士, English Cheddar 車打芝士,  
Gouda cheese,

Grapes, cracker, walnut, dried plum, carrot stick, cucumber stick  
提子, 餅乾, 核桃, 西梅乾, 甘筍條, 青瓜條

### **Soup 湯**

Western Soup 西式湯

Chinese Soup 中式湯

### **Sashimi Station 精選刺身**

Salmon, Tuna, Snapper, Amaebi, Sliced imitation abalone  
三文魚刺身、吞拿魚刺身、鯛魚刺身、甜蝦, 仿鮑片,

Assorted 8 kinds of sushi 8 款精選壽司

Soba Noodles 冷麵

Edamame, Gobo, lotus root 枝豆, 牛蒡, 蓮藕

### **Hot Food**

Chicken roulade stuffed with mango

Hawaiian salmon with pineapple salsa

Clams sautéed in olive oil, garlic, coriander, white wine

Coconut shrimp with crusted macadamia nuts

Japanese- curry Beef 日式牛肉咖哩

Japanese grilled squid with teriyaki sauce 照燒魷魚筒

Deep-fried Seaweed Eel roll 日式紫菜鰻魚卷

### **Chinese Hot Food**

Wok-fried Prawn with broccoli and garlic 蒜香西蘭花炒蝦仁

Thai fried rice with pineapple

Fish fillet with chili and black bean sauce 豉汁魚柳

Roasted pork ribs with orange and ginger 橘子肉排

Sweet & sour pork with lychees

Bean curd stew with crab roe

Dim sum

### **Noodles station 粉麵檔**

Ramen noodle, Udon noodle, bean sprout, wakame, vegetable

Pork belly, bamboo, spring onion, corn, boiled egg,

Miso soup, Soy broth Tokyo style and Pork broth

拉麵, 烏冬, 芽菜, 昆布, 雜菜

日式叉燒, 竹筍, 青蔥, 粟米, 溫泉蛋  
麵豉湯, 東京醬油湯, 豬骨湯

### **Bulgogi**

Korean barbecued chicken, beef and Pork

### **Carving**

Bone ham with honey gravy 燒火腿配蜜糖燒汁  
Roasted Sirloin 燒西冷

### **Tempura Station**

Vegetable tempura 雜菜天婦羅

### **Chinese Guangdong BBQ Station**

Roasted duck 燒鴨

Soya sauce Chicken 豉油雞

Bean curd and Chicken wing in soya sauce

Jellyfish and pork knuckle 海蜇燻蹄

### **Indian Hot Food**

Mushroom Do Pyaza (Veg) 磨菇, 蕃茄咖喱

Kerala Fish Curry 魚咖喱

Parkora (Fritter with vegetable) 印度炸雜菜

Naan Bread 印度烤包, Papadum 印度薄脆

### **Dessert**

Chinese Dessert Soup

Apple Strudel 蘋果卷

Coconut Pineapple Cream 椰子菠蘿忌廉

Tropical Fruit Soup w/ Puff Pastry 熱帶水果酥皮湯

Lychee and Rosewater Cake 玫瑰荔枝蛋糕

Dulcey Banana Cake 杜絲朱古力香蕉蛋糕

Strawberry and Coconut Cake 士多啤梨椰子蛋糕

Crepes Durian 榴槤班戟

Tropical Fruit Tart 熱帶水果撻

Mango Mascarpone Cheese Cake 芒果意大利芝士餅

Almond Passion Fruit Tart 熱情果杏仁撻

Lemon Sable 檸檬餅

Coconut Cream Cheese Cake 椰子芝士蛋糕

White Chocolate Jelly w/ Figs 白朱古力啫喱配無花果

Vanilla Panna Cotta w/ Grapefruit 西柚雲喱拿奶凍

Mango Lime Sago 芒果青檸西米

Watermelon

Pineapple

Cantaloupe melon

Vanilla ice-cream

Chocolate ice-cream

Strawberry - ice-cream

The food menu items will be on rotation 菜單會定期轉換